



Powerful European Healing Method, Training for Healing Arts Professionals

By Harald Homberger, Psychotherapist/Naturopath and Ursula M.L. Nickel, DOM

Are you a professional working in the healing arts? Do you find yourself constantly seeking out new and innovative ways to assist your patients or clients? The **FAMILY CONSTELLATION METHOD** is an incredibly powerful, cutting-edge healing technique that has been widely embraced in Europe - not only by professionals in the healing arts, but by professionals in nearly every area, as well as the community at large. This work truly leads to peace in the heart because it incorporates an awareness of and reverence for the hu-

FAMILY CONSTELLATION work can assist with career issues or pending decisions.

man soul. It reaches people on their deepest level of existence and helps them transform their lives in a most profound way.

FAMILY CONSTELLATION work can assist with career issues or pending decisions. It can help provide insights and solutions for those who suffer from anxieties, depression, addictions, compulsions, cancer and other chronic disease. This compelling work can help clients make peace with their complicated family histories, clarify, deepen or ease relationships with parents, children or other family members. **FAMILY CONSTELLATION** work can create incredible shifts in schools, businesses and other organizations where dysfunction issues are being played out, and the results can be stunning.

How does the **FAMILY CONSTELLATION METHOD** work? In broad terms, Constellations are a therapeutic method of healing based on holistic thinking. Developed by Bert Hellinger of Germany, Family Constellations reveal the subconscious links we have to our families and ancestors - connections that can cause us to repeat destructive family patterns and keep us from fully living our lives. In practical terms, Constellations bring to light one's deepest fears and darkest family secrets through the

body movements of *total strangers*. These representatives tap into the "knowing field" of collective consciousness and act out the impulses of the client's dramas and respond to impulses to move; interacting with each other in a silent, intricate dance. These "soul movements" are eerily accurate depictions of families and the feelings, beliefs and conflicts they have passed on. Constellations *shine the bright light of truth* on the root causes of why we're stuck, depressed or frustrated in our lives. When truth is seen and acknowledged, and family entanglements are recog-

nized Hellinger says, we are freed of those burdens and gain the strength to follow our own paths. It is sometimes hard for clients to watch as their pain is being

played out in front of them, but for those willing to do the work: the results can be nothing less than miraculous. This method has the ability to create shifts and achieve healing where all other methods have failed.

"It is my great and heartfelt pleasure to emphatically recommend Harald Homberger and his work. This work cannot help but move you to tears and shift stuck, often hidden patterns directly responsible for disease, suffering, pain and sorrow that may have been present in an individual for a lifetime or in a family for generations. DO NOT MISS THIS RARE AND WONDERFUL OPPORTUNITY to meet, observe and train with Harald Homberger here in Albuquerque. This is Spiritual Healing at its finest." - **Stephen P. Weiss, M.D.**

"Having worked in the mental health field for over twenty years, and spent countless dollars on my own mental health, I am wary of new therapies. Not only did I enjoy the time I spent with Harald and the group, but I found this work, delightfully, to be grounded, authentic and transformational on a deep level that most traditional psychotherapies do not even reach. My own work

during the weekend helped relieve me of an emotional burden I have carried for others from a previous generation, and since, I have felt lighter and full of clarity. The work is a great way to remember the groundwater of the soul, to which we all have access and can drink from, with the right guidance and focus. Much of what makes this work powerful is impossible to explain with words, in fact, much of the actual Constellation work is done in silence, and must simply be experienced to fully understand its power. I'm inspired to do more Family Constellation work for my own personal and professional growth and have been telling everyone I know to try it!" - **Tina Carlson APRN, BC, Clinical Nurse Specialist, Psychiatry**

"The Family Constellation workshop I attended in Albuquerque was the most profound experience of my life. That's saying a lot for someone who grew up in an experiential church, visited a psychotherapist for years and accumulated more self-help books than Barnes and Noble. This experience has helped me make sense of some very confusing parts of my life. I have a better understanding of why I have repeatedly made bad decisions in certain areas. And I now know what I must do to break the ancestral cycle of pain for my daughter. I don't know how it works, but it does." - **Sophie Pinkerton**

Harald Homberger, trained by Bert Hellinger, is a Psychotherapist, Naturopath, teacher of Yoga and Meditation in Germany. He has conducted over 3,500 Constellations within the past 11 years; conducted six very successful Constellation Workshops in Albuquerque over the past two years and is now offering with Ursula M.L. Nickel, DOM a tax deductible Certification Program in Phenomenological Systemic Family Constellation Work in Albuquerque, starting in February, 2008. For more information, contact co-facilitator Ursula M.L. Nickel, DOM at 505-379-8525 or visit nickelacupuncture.com and click on the Family Constellation Certification Course button.